



We are delighted to offer a workshop on

## ***Working with Anger***

**Friday 17<sup>th</sup> May 2024**

**Cost includes refreshments. Please bring a packed lunch  
£80.00 per person**

**£60.00 per person for students and those working for charities and churches**

**At Colchester Road Baptist Church, Ipswich  
(Entrance on Sidegate Lane, IP4 3DL)**

**From 9.15am for prompt 9.30am start to 4.15pm (6 hours CPD)**

**Facilitated by Emma Moat**

Emma Moat is an experienced Play Therapist, Counsellor and SandStory Therapist and Trainer who has over 15 years of experience of working with children and teens in a variety of institutions. She currently works in private practice and in schools supporting children and adults, as well as delivering a wide range of training both in the UK and abroad. [www.cambridgecreativecounselling.co.uk](http://www.cambridgecreativecounselling.co.uk)

This day is suitable for student & qualified Counsellors, Supervisors, Ministers & Church Leaders, Pastoral & Youth Workers, Teachers & Teaching Assistants together with anyone with an interest in this subject.

**Are you working with children or adults who struggle to regulate or safely display their angry feelings?**

Whilst exploring anger, this course offers creative ideas and hands-on activities that will help you better support the people you work with and care for. It is designed to be a creative and practical day and will give you the opportunity to share ideas and engage with others in a safe and confidential setting.

**This training is face-to-face.**

**Should you require further information please contact *Inspire* on 01473 217694 or e-mail Carole Sherratt at [contact@inspirecounselling.org.uk](mailto:contact@inspirecounselling.org.uk)**