*** Suicide***

 ***and Suicidal Thinking***

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| Date: | Saturday March 23rd 2024 |
| Venue: | Caterham Community Church CR3 5NF |
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| Timings: | 9.15 am for prompt 9.30 am start, to 4.00 pm.(6 hours CPD) |
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| Training Provider: | Les Johns*Les qualified as a social worker, then spent 20 years in the Probation Service before taking early retirement. He has since worked as a counsellor, supervisor and trainer for a further 20 years.**His original training was psychodynamic and over the years he has evolved, via many of the major approaches, into the committed person-centred counsellor he now is. However, this CPD is, he believes, relevant to counsellors, and other interested parties, of all persuasions.**He is an accredited counsellor and supervisor* |
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| Cost: | £50.00 Light refreshments provided. Please bring your own lunch |
| To book: | Please make payment of £50 by bank transfer to:Caterham Community Church, 40-52-40, 00024447 (Ref CPD & Name) then confirm by emailing info@caterhamcounsellingcentre.co.uk. |
| Queries: | Dorlisa on 07900 256868 |

Potential suicide is one of the most challenging situations for a counsellor to encounter. This workshop will offer an opportunity to explore the main issues, and will include:

* The ethical dilemma: sanctity of life or client autonomy?
* Why do people consider taking their own life?
* Risk assessment
* Offering a therapeutic relationship
* Safety plans
* Supervision and Self-Care

‘It is impossible to over-emphasise the immense need humans have to be really listened to, to be taken seriously, to be understood.’

*Dr Paul Tournier*