

HOPE

2019

Annual review

A Year of Change and Achievement

2019 was a year of significant change for ACC.

- I became Chair of Trustees and Chris William become Deputy Chair
- One trustee, Frances Ryan stood down, but three new trustees, Wien Fung, Phil Martin and Peter Roberts joined the Board at the AGM in July.
- In August 2019 the Board announced a proposed restructuring of ACC Executive with the intention of creating two new roles: a Chief Executive Officer and a wider remit for a Director of Pastoral Care role to include responsibility for other membership streams. The existing role of Director of Counselling was retained. Both Phil Weare and David Sinclair left their posts in 2019 and we would like to thank them for their contribution to the work of ACC and PCUK over the last few years. We would also like to express our gratitude to Tony Ruddle, who stood down as Executive Chair, for his

incredible commitment, time and hard work over many years.

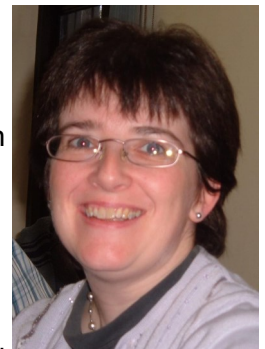
The Board sees the new proposed structure as providing the basis on which the organisation can grow and develop and continue to implement its strategy of "Reaching Wider, Going Deeper."

Restructuring and change takes both time and resources and Covid-19 has delayed our plans to recruit for the new Executive roles. However, in the middle of much change, we still managed to achieve significant activities during 2019, including:

- Holding an extremely successful 4-day National Conference in February, attended by over 400 people on the theme of Embodied Hope and provided a wide range of training for both counsellors and pastoral carers.
- Organising two 1-day conferences for people working with and concerned for the Mental Health of Children and Young People in London and Leeds in November.
- Organising and providing free

training events covering counselling, pastoral care and mental health awareness and self-care for carers in several locations.

- Regularly being invited by Premier Radio and Transworld Radio to be interviewed on mental health, children and young people and well-being related issues.
- Our AGM, held at the Central Hall, Southampton included a CPD Training Day for Members on "Love your neighbour, as yourself, NOT instead of yourself", which looked at how those in caring roles care for themselves.
- Our Accord journal went from strength to strength with each edition having a core theme including: Counselling & Caring for Children and Young People, Setting up, Growing, Keeping



By ACC Chair Sue Monckton-Rickett

Continued on page 4

THE ASSOCIATION OF CHRISTIAN COUNSELLORS
STATEMENT OF FINANCIAL ACTIVITIES For the Year Ended 31 December 2019

	General Fund	Restricted Funds				Total Restricted Funds	Total Funds		
		Pastoral Skills Project	Overseas Development Fund	PCUK Development & Support	PCUK Marriage Resources				
	£	£	£	£	£	£	£		
INCOME & ENDOWMENTS FROM:									
Donations and Legacies	18,768	-	933	-	-	933	19,701		
Charitable Activities	299,130	-	-	-	-	-	299,130		
Other Trading Activities	4,204	-	-	-	-	-	4,204		
Interest Income	159	-	-	-	-	-	159		
TOTAL	322,261	-	933	-	-	933	323,194		
EXPENDITURE									
Raising Funds	7,510	-	-	-	-	-	7,510		
Charitable Activities	292,757	-	1,124	120	1,010	2,254	295,011		
TOTAL	235,029	-	1,124	120	1,010	2,254	302,521		
Net Income / (Expenditure)	21,994	-	-	191	-	120	-1,010	-1,321	20,673

RECONCILIATION OF FUNDS							
Total Funds brought forward	91,538	206	191	291	5,913	6,601	98,139
Total Funds Carried Forward	113,532	206	-	171	4,903	5,280	118,812

THE ASSOCIATION OF CHRISTIAN COUNSELLORS BALANCE SHEET at 31 December 2019

	Total Funds	Prior Year Funds
	£	£
FIXED ASSETS		
Intangible Assets		
Tangible Assets	-	-
Investments		
TOTAL FIXED ASSETS	-	-
CURRENT ASSETS		
Debtors	9,992	17,752
Cash at bank and in-hand	121,030	206,034
TOTAL CURRENT ASSETS	131,022	223,786
LIABILITIES		
Creditors: amount falling due within one year	12,209	125,647
NET CURRENT ASSETS OR LIABILITIES	118,812	98,139
THE FUNDS OF THE CHARITY		
Restricted income funds	5,280	6,601
Unrestricted income funds	113,532	91,538
TOTAL CHARITY FUNDS	118,812	98,139

Financial review

The Accounts for 2019 show an overall surplus of £21,994 for the year, compared with a deficit last year of £8,836. This resulted in the General Funds increasing from £91,538 to £113,532.

The main reasons for the significant increase in income of £96,068 were as follows:

- An increase of £95,713 in Conference income from the bi-annual conference held in February 2019.
- An increase in Gifts of £4,969 whilst Gift-Aid reduced by £1,160.
- A decrease of £4,091 in the number of Pastoral Care courses and related training materials.
- A decrease in Affiliation fees of £1,149.
- An increase in Subscriptions of £1,979.
- An increase in Training fees and levies of £1,802.
- A decrease in Advertising revenue of £1,413.

The main reasons for the significant increase in expenditure of £65,238 were as follows:

- An increase in Conference costs of £69,964, due to a National Conference being held in February 2019.
 - An increase in staff salaries, employers NI and payments to contractors of £7,229 due to pay increases and the use of agency staff.
 - A decrease in the Executive Allowance of £5,187 with the resignation of the Operations Director in August 2019.
 - A decrease in the materials required for Pastoral Care of £5,870 with less courses being run.
- It is anticipated that there will be a deficit of approximately £22,000 in 2020, before any investment in strategic development, mainly due to the bi-annual conference not being held until 2022. This position, and the impact of Covid-19, is being monitored on a regular basis. Actions have already been taken to ensure the financial viability of the organisation, including delaying the recruitment of a Chief Executive Officer (CEO) and Director of Pastoral

Care until later in 2020 which will reduce the above deficit. Once funds are available, we plan to invest strategically in the following:

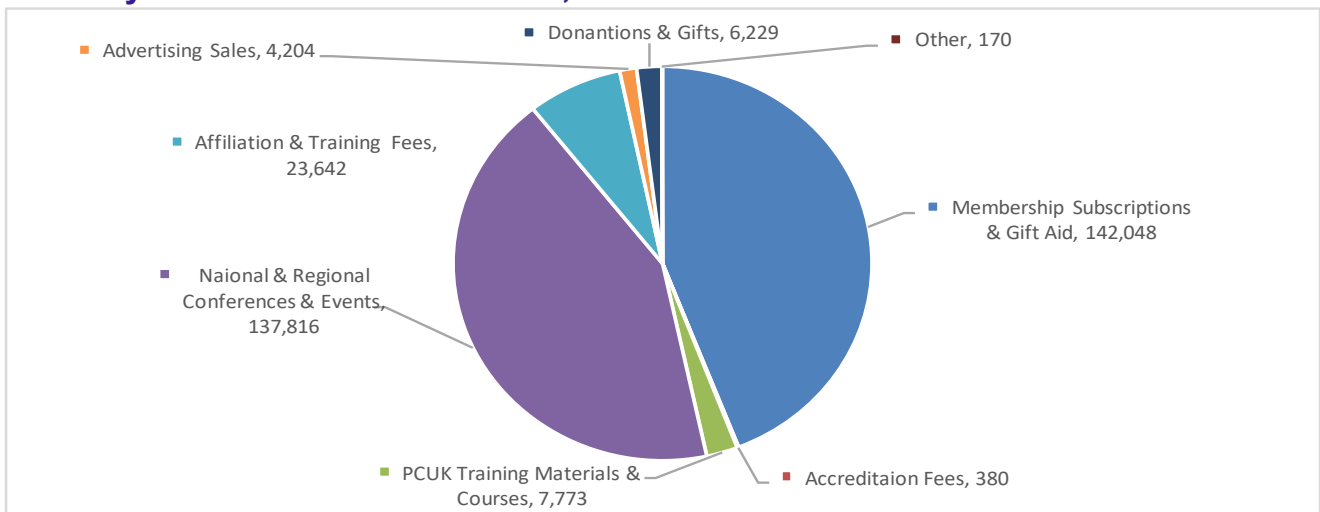
- The development of ACC infrastructure, so that it is equipped for potential growth and new membership categories including Coaching and Mentoring.
- Improvements to the ACC website to promote membership connection and interaction.

All of these will be reviewed by the ACC Board to ensure that investment is made wisely and the best developments for the organisation, its members and the service delivered to the public are determined.

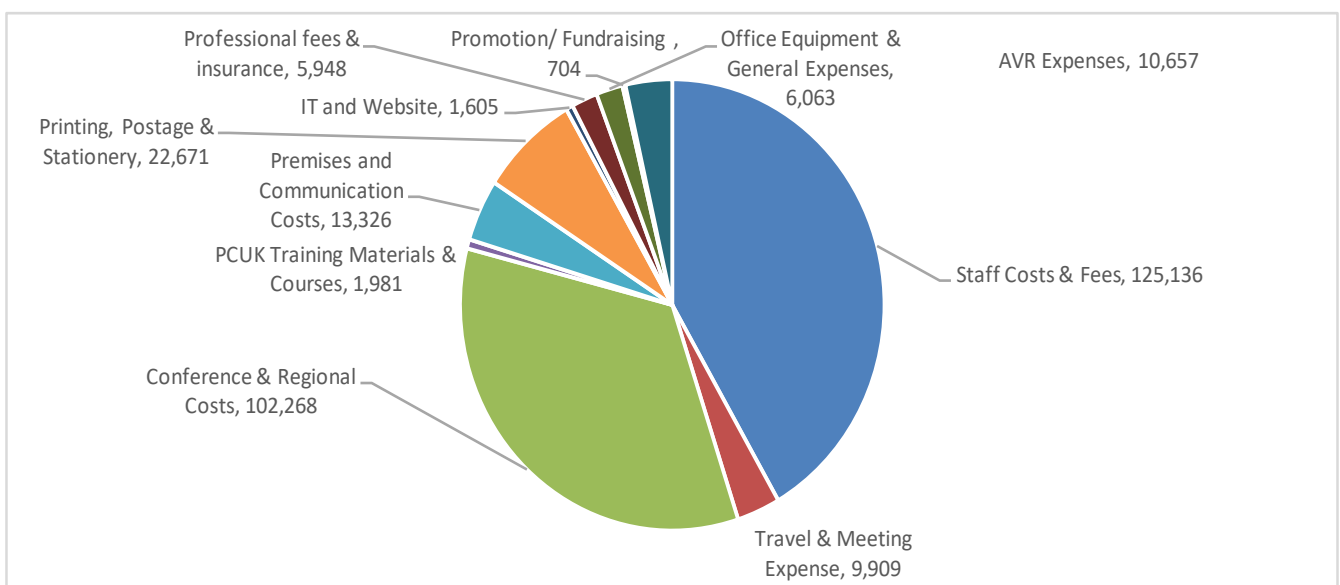
My thanks go to all who have continued to financially support the ACC in so many ways throughout 2019 and all those who maintain the accounting records including the current and former Network Treasurers.

Peter Roberts -Finance Director

ACC analysis of revenue 2019: £322,261



ACC analysis of expenditure 2019: £300,267



From page 1

Going in our Work as Counsellors and Pastoral Carers, Suicide and Working Across Cultures.

- Accord Extra continues to be a growing repository of articles covering counselling & pastoral care freely available to the public.
- ACC was invited to attend a forum held by the Archbishop of Canterbury on Mental Health and we seek to work on projects from this initiative.
- ACC was invited to and plays an active role in the Coalition for Diversity, which seeks to address issues of inclusion and diversity within the counselling profession
- Once again we successfully renewed our Accredited Register status with PSA with no conditions placed upon us.

In 2018 and at the start of 2019 sadly several of our Network Committees closed due to a lack of personnel. We would like to thank all who served on these Committees for their dedication over the years. We believe that local support, training and fellowship is a important to ACC members and so we will be looking at how we can do this in new ways going forward—the model may change but we are committed to supporting our members in their local settings. Our financial results for the year were good, boosted by the National Conference and give us a platform on which to build the organisation as well as ensuring that we maintain financial stability including a contingency that is in-line with Charity Commission guidance.

Plans for future periods

Our plan for 2020 was to seek to build we will seek to implement our new structure to enable us to continue to implement our strategy, building on the achievements of 2019.

As for the whole world Covid-19 has disrupted our plans meaning that the appointment of new

Executives has needed to be delayed, our next National Conference has been postponed from July 2021 to February 2022 and much effort has needed to be put into adapting as an organisation to meet and helping our members to do so.

Firstly, I would like pay tribute to our staff and Board for their support in doing this and especially to Kathy Spooner, who has provided invaluable support and guidance to our members to negotiate the many issues that have arisen due to Covid-19. Secondly, to pay tribute to our members who have adapted to the many changes to ensure that the work of counselling and pastoral care continued despite many challenges, both professional and personal. ACC Board's decision was to respond to the pandemic not only by continuing to support our members but to be a means by which ACC could show support to the wider community and so the Covid-19 Crisis—Support Counselling Service was established for NHS and Residential Care Home Staff and the bereaved. As well as providing valuable support, this service has also enable us to raise awareness of the work of ACC and more widely the importance of counselling and pastoral care and we have been working collaboratively with a wide range of organisations.

Covid-19 has and will inevitably mean change, but we hold onto the theme of our 2019 Conference HOPE and HOPE in a faithful God for us as an organisation, for our affiliates, our members and the many thousands of people that we all work with in counselling and pastoral care.



ACC's Children & Young Peoples Conference

Tackling the Crisis in Mental Health for Children and Young People

London,

Saturday,

16 November 2019

Leeds,

Saturday,



My thanks go to the very many people, both staff and volunteers for the incredible commitment and hard work that has enabled ACC to achieve so much in 2019 and to rise to the challenges of 2020. We pray that God will continue to guide us in all that we do

**Sue Monckton-Rickett
Chair ACC**